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**Rye Community Primary School & Starfish Pre-school**  
**The Grove, Rye, East Sussex TN31 7ND**  
**www.ryeprimary.co.uk**

Executive Headteacher: Mr Barry Blakelock  
Headteacher: Miss Kelly Martin



Friday 12<sup>th</sup> May 2023

**Year 3 and 4 Relationships, Sex and Health Education (RSHE)**

Dear Parent/Guardian

We will be teaching RSHE (Relationship, Sex, and Health Education) lessons in class on Monday 22<sup>nd</sup> May.

As from September 2020, RSHE is statutory element of the curriculum in all schools in England. In school, we have adopted the spiral curriculum recommended by East Sussex County Council which allows children to access age-appropriate material as well as ensuring that our children remain happy, healthy, confident and safe.

We will be focusing on the following units with the Year 3 and Year 4 children during their RSHE day.

Year 3



Pupils can challenge gender stereotypes, understanding that there is not one way to be a boy or one way to be a girl.

Year 4



Pupils can recognise differences and similarities between people arise from a number of factors including family and personal identity.

If you would like to know more information about our programme of relationships and sex education, please familiarise yourself with the RSHE policy which can be found on our school website.

Please do feel free to contact your child's class teacher at any time if you would like to discuss our programme of RSHE or view the lesson materials in advance of the lesson.

Best Wishes,

Mr Thomas and Mrs Banks

Year 3 and Year 4 class teachers