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Rye Community Primary School & Starfish Pre-school
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Executive Headteacher: Mr Barry Blakelock
Headteacher: Miss Kelly Martin



Tuesday 13th June 2023

Year 2 Relationships, Sex and Health Education (RSHE)

Dear Parent/Guardian

We will be teaching RSHE (Relationship, Sex, and Health Education) lessons in class on Friday 7th July. As from September 2020, RSHE is statutory element of the curriculum in all schools in England. We have adopted the spiral curriculum recommended by East Sussex County Council, which allows children to access age appropriate material, as well as ensuring that our children remain happy, healthy, confident and safe.

We will be focusing on the following unit with the Year 2 children during their RSHE day.



If you would like to know more information about our programme of relationships and sex education, please familiarise yourself with the RSHE policy which can be found on our school website.

Please do feel free to contact your child's class teacher at any time if you would like to discuss our programme of RSHE or view the lesson materials in advance of the lesson.

Term 6 PSHE topic is Changing Me. This topic will include lessons about; how their body's have changed since they were a baby, understanding that growing up is natural and that everybody grows at different rates, identifying the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina and respecting their body and understanding which parts are private.

Best Wishes,

Miss Brewster and Miss Birkby

Year 2 class teachers